

☾ Employment

☀ Family Resources

🍷 Food

◀ Health (physical, mental, behavioral, & benefits)

◆ Housing

◇ Legal

⊙ Older Adults

□ Quality of Life

● Veterans

◀ **Beach Flats Community Center** | 133 Leibrant Ave, Santa Cruz (831)420.6125  
*AIDS/HIV testing: Tu, 9a-12p*

◀ **California Department of Rehabilitation** | 1350 41st Ave, Ste 101, Capitola (831)465.7100

☀ ⊙ **California Grey Bears** | 270 Chanticleer Ave, Santa Cruz (831)479.1055  
*Operation Brown Bag, distributes bags of groceries to seniors weekly.*

◇ **California Rural Legal Assistance** | 501 Soquel Dr, Ste D, Santa Cruz (831)458.1089  
21 Carr St, Watsonville (831)724.2253  
*Legal services helping with employment, benefits, or rental issues.*

◀ **Central California Alliance for Health** | (831)755.6000  
*Insurance information.*

☀ ◆ 🍷 ◀ **CalWorks** | 1000 Emeline Ave, Santa Cruz (831)454.4130  
18 W Beach St, Watsonville (831)763.8500  
*Public benefit program for eligible families & children.*

🍷 ◀ **Catholic Charities** | 217 E Lake St, Watsonville (831)722.2675  
*Counseling assistance, immigration, financial aid, food & utilities assistance.*

◆ **Central Coast Center for Independent Living** | 1350 41st Ave, Ste 101, Capitola (831)462.8720  
*Assistance for persons with disabilities: peer support, advocacy, benefits & counseling.*

◀ **Clinica del Valle del Pajaro** | 45 Nielson St, Watsonville (831)728.0222  
M-Th 8a-7p, F 8a-5p

□ **Community Action Board (CAB)** | 406 Main St, Ste 207, Watsonville (831)763.2147  
*Voicemail services.*

□ **Community Traffic Safety Coalition** | 1070 Emeline Ave, Santa Cruz (831)454.4317  
*Bike locks, bike helmets, reflective items, etc.*

🍷 ◀ **Davenport Resource Service Center** | 150 Church St, Davenport (831)425.8115  
M-Th, 10a-6p

◀ **Dientes Community Dental** | 1830 Commercial Way, Santa Cruz (831)464.5409  
1430 Freedom Blvd C, Watsonville (831)621.2560  
M-Th, 8:30a-12:30p, 1:30p-5p; Fri 7:30a-12p, 1p-4p

□ **The Diversity Center** | 1117 Soquel Ave, Santa Cruz (831)425.5422  
M, Tu, Th, F, 9a-6p, W 1p-6p

◀ **Dominican Hospital** | 1555 Soquel Dr, Santa Cruz (831)426.7700  
*24 hour emergency care.*

☾ **Downtown Streets Team** | 418 Front St, Santa Cruz (650)833.8663  
*Volunteer work experience program.*

☀ **Encompass Head Start** | 225 Westridge Dr, Watsonville (831)724.3885  
*School readiness & healthy families, children 0-5yo.*

🍷 **Familia Center** | 711 E Cliff Dr, Santa Cruz (831)423.5747  
*Food distribution, 2nd & 4th W, 3p-5p*

◇ **Friends Outside** | 1740 17th Ave, Santa Cruz (831)427.5070  
*Re-entry after being affected by the criminal justice system.*

🍷 **Food Not Bombs** | (831)515.8234  
*Free meals, call for schedule & location.*

◀ **Harm Reduction Coalition** | 313 Front St, Santa Cruz (831)427.3900  
*Needle exchange program, Narcan training, Hep C testing.*

☾ **Homeless Garden Project** | Shaffer Rd at Delaware, Santa Cruz (831)426.3609  
*Job training & transitional employment; organic farming & related enterprises.*

◀ **Homeless Persons Helath Project (HPHP)** | 115 Coral St, Santa Cruz (831)454.2080  
M & W, 8a-5p, Tu & Thu, 1p-5p, F 8a-3p  
(\*closed 12p-1p daily)

◆ □ ☀ ◀ **Homeless Services Center** | 115A Coral St, Santa Cruz (831)458.6020  
*Mail service, shelter options for men, women & families.*  
M-F, 8a-5p

◆ **Housing Authority of Santa Cruz** | 2931 Mission St, Santa Cruz (831)454.9455  
M-Th, 8a-5p

◀ **Janus** | 200 7th Ave, #150, Santa Cruz (831)462.1060  
*Addiction treatment & counseling.*  
M-Th, 8a-8p, F 8a-5p

◆ **Jesus, Mary & Joseph Home** | 132 Lennox St, Santa Cruz (831)459.8046  
*Shelter for women, children & terminally ill. Clean & sober facility.*

☀ 🍷 ◀ **La Manzana Family Resource Center** | 521 Main St, Ste Y, Watsonville (831)724.2997  
M-Th, 8:30a-12:30p, 1p-4p, F 8:15a-12p

☀ 🍷 ◀ **Live Oak Family Resource Center** | 1740 17th Ave, Santa Cruz (831)476.7284  
M-Th, 9a-12p, 1p-5p, F 9a-12p

🍷 **Loaves and Fishes** | 150 2nd St, Watsonville (831)722.4144  
*Pantry Program, M-F, 9a-11:30a, 1p-3p*

◀ **MHCAN** | 1051 Cayuga St, Santa Cruz (831)428.5253  
*Mental health services, M, Tu, Th, F, 9a-12p*

☀ 🍷 ◀ **Mountain Community Resources** | 6134 Hwy 9, Felton (831)335.6600  
M-Th, 9a-12:30p, 1p-5p, F 9a-5p

- ☀️ 🗺️ ◀️ **New Life Community Services** | 707 Fair Ave, Santa Cruz (831)427.1007  
*Rehabilitation center, M-Sun, 7:30a-11:30p*
- ◆ **Pajaro Rescue Mission** | 111 Railroad Ave, Royal Oaks (831)724.9576  
*Men only shelter, bring ID before 7p.*
- ◆ ☀️ **Pajaro Valley Shelter Services** | 115 Brennan St, Watsonville (831)728.5649  
*Women & children shelter.*
- ☀️ ◀️ **Planned Parenthood Clinics** | 1119 Pacific ave, Ste 200, Santa Cruz (831)426.5550  
398 S Green Valley Rd, Watsonville (831)724.7525
- ◆ **River Street Shelter** | 115C Coral St, Santa Cruz (831)459.6644  
*Single adult shelter, check-in wait list from 2:30p-4:30p.*
- ◀️ **Salud Para La Gente Medical Clinic** | 204 E Beach St, Watsonville (831)728.0222  
M-Th 8a-7p, F-Sa 8a-5p
- 🗺️ **Salvation Army** | 721 Laurel St, Santa Cruz (831)426.8365  
214 Union St, Watsonville (831)724.3922
- ◀️ **Santa Cruz AIDS Project** | 716 Ocean St, Santa Cruz (831)427.3900
- ◀️ **Santa Cruz Community Health Centers** | 21507 E Cliff Dr, Santa Cruz (831)427.3500  
M-Th, 8a-8p, F 8a-5p
- ◀️ **Santa Cruz County Health Services Centers** | 1080 Emeline Ave. Santa Cruz (831)454.4000  
9 Crestview Dr, Watsonville (831)763.8400
- ◀️ **Santa Cruz County Substance Use Disorder Services** | 1400 Emeline Ave, Santa Cruz  
(831)454.4050
- ◆ **Santa Cruz County Veterans Services** | 842 Front St, Santa Cruz (831)454.7276
- ☀️ 🗺️ ◀️ **Santa Cruz Human Services Department** | 18 W Beach St, Watsonville (831)454.4036
- ◇ **Santa Cruz Public Defender** | 2103 N Pacific Ave, Santa Cruz (831)429.1311
- ◇ **Santa Cruz Superior Court** | 1 2nd St, Watsonville (831)786.7200
- ☀️ ◀️ **Santa Cruz Women's Health Center** | 250 Locust St, Santa Cruz (831)427.3500  
M-Th, 8:15p-8p, F, 8:15a-5p, Sa 8:15a-1p
- 🗺️ **Second Harvest Food Bank** | 800 Ohlone Pkwy, Watsonville (831)722.7110
- 🗺️ ◀️ **Senior Citizens Legal Services** | 501 Soquel Dr, Ste F, Santa Cruz (831)426.8824  
M, Tu, Th, 8:30a-4:30p, W 1p-4:30p, F 8:30a-12p  
114 E 5th St, Watsonville (831)722.1333  
Tu (by appt), 1p-4p

- 🗺️ ◀️ **Senior Network Services** | 1777 Capitola Rd, #A, Santa Cruz (831)462.1433  
Tu-F, 9a-4p
- ◆ **Si Se Puede** | 161 Miles Lane, Watsonville (831)296.1521  
*Men only residential treatment of abuse & addiction.*
- ◆ ☀️ ◀️ **Siena House Maternity Home** | 108 High St, Santa Cruz (831)425.2229  
*Housing for single pregnant women (clean & sober).*
- ◀️ **Sobriety Works** | 8030 Soquel Ave, #103, Santa Cruz (831)476.1747  
M-F, 9a-5p
- 🗺️ **St. Francis Soup Kitchen** | 205 Mora St, Santa Cruz (831)459.6712  
*Food & Clothing, M-F, 12-1p; Shower, M-F 11a-12:45p*
- ◀️ **Street Outreach Supporters (SOS)** | (831)239.0657 Call for all drop-off locations  
*Needle exchange.*
- ◀️ **Suicide Prevention on the Central Coast** | (831)458.5300  
24 hour crisis line.
- ◆ **Veterans Resource Center** | 1658 Soquel Dr, B, Santa Cruz (831)477.7515  
*Housing & financial assistance.*
- ◆ **Veterans Transition Center** | 220 12th St, Marina (831)883.8387  
*Transitional housing & case management.*
- ☀️ ◀️ **Walnut avenue Women's Center** | 303 Walnut Ave, Santa Cruz (831)426.3062  
M-F, 9a-5p
- ◀️ **Watsonville Community Hospital** | 75 Nielsen St, Watsonville (831)724.4741  
*24 hour emergency care.*
- ◇ **Watsonville Law Center** | 315 Main St, #207, Watsonville (831)722.2845
- ☀️ ◀️ **Women, Infants & Children** | 1105 Water St, Santa Cruz (831)426.3911  
18 W Lake Ave, Watsonville (831)722.7121
- ☀️ ◀️ **Women Care** | 2901 Park Ave, Ste A1, Soquel (831)457.2273  
*Support services for women with cancer.*
- ☀️ ◀️ **Women's Crisis Support/ Defensa De Mujeres** | 233 E Lake Ave, Watsonville (831)722.4532  
*Legal support for victims of rape & domestic violence.*  
24 hour bilingual crisis line: 1.888.900.4232
- 🗺️ **Workforce Santa Cruz (EDD)** | 2045 40th Ave, Capitola (831)464.6286  
18 W Beach St, Watsonville (831)763.8700  
*Job search & referral.*
- ◀️ **Youth Services** | 2709 Mission St, Santa Cruz (831)429.8350  
241 E Lake Ave, Watsonville (831)688.8856  
M-F, 9a-5p